

How Do I Start a D-Group?

Look for someone God has placed in your life who:

- Loves Christ.
- Wants to see you succeed.
- Also senses a need the relationship.
- You respect & trust.
- Is complementary but compatible with you.

Here are a few important things to consider when starting a new D-Group:

- If possible, meet weekly at a consistent day and time.
- Firmly establish the ground rules of the relationship from the very beginning. These might include: meeting day/time/frequency, expectation of confidentiality, expectation of personal vulnerability and openness, permission to challenge as well as encourage.
- A D-Group is a relationship. It will go through highs and lows, hard times and great times. That is expected and normal.